

KEEP THIS PACKET!

**PARTICIPANT INFORMATION
IMPORTANT! PLEASE READ!**

TROT PROGRAMS ❖ CALENDAR ❖ APPLICATION PROCESS ❖ FINANCIAL INFORMATION

EQUINE PROGRAMS OFFERED AT TROT

TROT was founded in 1974 as a charitable, 501c3, not-for-profit corporation. The program is a North American Riding for the Handicapped Association (NARHA) Premier Accredited Center. TROT provides a variety of services for children and adults with special needs. These services include:

- Therapeutic Horseback riding
- Hippotherapy - Medical treatment with licensed therapists (PT, OT, or SLT)
- Barn management and grooming
- Ground lessons
- Round pen activities
- Equine-facilitated experiential learning activities

Benefits and enhanced quality of life

For participants with cerebral palsy, mental retardation, Down Syndrome, traumatic brain injury, emotional and learning disabilities, depression, multiple sclerosis, muscular dystrophy, developmental delay, sensory integrative dysfunction, hearing/vision impairments, post-stroke, and autism, equine-facilitated activities improve:

- Cognitive ability
- Psychological/Emotional health
- Physical function

Participants:

Applications are received from individuals, schools, and organizations. Individuals with a wide variety of special needs may participate.

CALENDAR

Fall Semester: September 14- December 19, 2009

September 14 – October 24

BREAK: October 26 – October 31

November 2 – November 21

BREAK: November 23-November 28

November 30 – December 19

Ride-around Roundup/Family Fun Day Celebration: December 12

Spring Semester: January 18-April 17, 2010

January 18 – February 19

BREAK: February 22-27

March 1 – April 17

Ride-around Roundup/Family Fun Day Celebration: April 17

Please Note: TROT participant's (excluding hippotherapy) will be eligible for **1 term** in order to meet the needs of all those on our waiting list.

APPLICATION PROCESS

STEP #1: Complete fully all 7 pages of the TROT Application including the scheduling request form and **return June 12, 2009 for Fall 2009 Term or November 20, 2009 for Spring 2010 Term**

- a. Photo release is required to be filled out, mark consent or non-consent.
- b. PT/OT/SLP evaluation is required if you have received any therapy services within the last 12 months.

STEP #2: Mail completed packet (7 pages) to: **TROT 8920 E. Woodland Rd.
Tucson, AZ 85749**

- a. **All applications are date stamped and processed in the order in which they are received.**
- b. No time slots will be reserved from last year, and no scheduling will be done until fully completed application is received!
- c. No fee is required at the time the application is sent.

STEP #3: Scheduling and Notification: You will be contacted in August regarding:

- a. Provisional acceptance with discussion of potential contraindications if applicable
- b. Probable placement and fees
- c. Scheduling options and evaluation

Deadline: For consideration for the Fall 2009 TERM, all applications must be received by June 12, 2009 or for the Spring 2010 TERM by November 20, 2009.

Note: Applications for term 2 may be accepted until November 20, 2009* if space is available. However, TERM 2 Applicants are strongly encouraged to meet the June 12, 2009 deadline for priority scheduling and to assure a slot in the program.

**Hippotherapy (only) applicants will be accepted year round. However, please call in advance to see if space is available.*

EVERY TROT PARTICIPANT RECEIVES FEE SUPPORT!

TROT fees have remained at the same rate for 4 years. TROT fees for a semester term are \$350 (group); \$420 (semi-private); and \$490 (private.) But did you realize that the REAL cost per term is \$1,750 to \$2,450? When you pay the term fee it represents only 20% of the actual cost – so everyone who attends TROT receives fee support of at least 80%.

In order for TROT to provide programs for those we serve in the community, it is critically important that every family make a commitment to pay their fee for the term. Our commitment to YOU is that we will not waiver in our efforts to obtain the additional 80% of the funds required to support every lesson a participant receives.

Here are some ways you can help TROT keep its fees at the same price!

CONQUISTADORES RAFFLE

Sell raffle tickets @ \$10 each for a car and hundreds of other prizes
November 1 – February 15

FAMILY FUN DAY & RIDE-AROUND ROUNDUP

Ride-around Roundup and Family Fun Day are coming together! The event (held at the end of *each* term) will be a day of fun for everyone with special treats such as a kiddie Express Train Ride, and kiddie carnival games, an achievement medal for each TROT participant and other surprises.

Every TROT participant also will receive a Ride-around Roundup pledge packet and instructions early in the term so there will be plenty of time to collect pledges and invite people to join the celebration. The riders with the most pledges win great prizes.

Lunch will also be provided for everyone who attends.

FIELDS TRIPS to TROT - “Learning about Horses”

Field trips for school groups and adult organizations give a close-up look at the TROT programs, the property, and the great TROT horses. Field trips are 1-1/2 to 2 hours in length and provide a “hands-on” opportunity to interact with the horses. Trips can be arranged for groups up to 30 people at \$10 per person.

SCHOOL GROUPS

If your child attends TROT with a special education class during school hours, there is another way you can help earn the required fees: **Arizona Tax Credit Contributions to public/private schools for extracurricular activities.** Arizona taxpayers can contribute to schools – the amount of the contribution is subtracted from the taxes owed to the State of Arizona. Wouldn't you rather provide funds to the school so they can bring riders to TROT, than to pay taxes to the state? Work with your Principal and Teachers to make sure that TROT is designated as a program that donors can choose to support. Ask family members and friends to designate their donations to support the TROT program. Make sure that TROT knows about the funds available for your student's participation.

GENERAL INFORMATION

SAFTY REQUIREMENTS (equipment provided by TROT)

1. ASTM/SEI Hard hats are required for all participants
2. Safety belts – at instructor's or therapist's discretion
3. Side helpers and leader – at instructors discretion

RIDING CLOTHES

1. No extremely loose or dangling clothes.
2. No rings, necklaces or earrings that protrude or dangle.
3. Long pants to cover legs – comfortable fit
4. Appropriate footwear – shoe or boot with heel preferred; if possible, leather sole rather than rubber, no open shoes.

HELPERS

Helpers assisting the participants have completed TROT Volunteer Training. Friends and family of the participant are **not** permitted to assist unless they complete this training. Volunteers must be 14 years of age. If you have a friend or family member who would like to attend volunteer training, please call the TROT office for general volunteer information and the date of the next training.

ATTENDANCE

Participants must be prompt for their session. In case of illness, please call the office as far in advance as possible. For unavoidable last minute cancellations, please leave a message on the TROT answering machine. Hippotherapy appointment no-shows may be billed. Anyone missing two hippotherapy appointments without calling may be dropped from the program. Therapeutic horsemanship participants who miss three appointments without calling may be dropped from the program. Refunds will not be issued.

CANCELLATIONS:

Therapeutic horsemanship sessions: Due to the variety of both mounted and non-mounted equine programs offered at TROT, classes *will not be cancelled* during inclement weather. In the rare case that any class has to be cancelled by TROT, we will provide as much advance notice as we possibly can.

Hippotherapy sessions: Since the specific purpose of hippotherapy is to address specific treatment goals utilizing the movement of the horse, hippotherapy sessions may be cancelled in the case of inclement weather or any conditions that may compromise safety. If you are in doubt about whether hippotherapy will be held, please call the TROT office. In the case of inclement weather, we will make every effort to make a final decision at least 1 hour before the scheduled treatment time.

OBSERVATION

Friends and family are welcome to observe the TROT sessions. For insurance purposes and for the safety of all those present, please adhere to the following guidelines:

1. Please access TROT from Woodland Rd. entrance off Tanque Verde Rd. EAST of Catalina Highway.
2. Please drive 5 mph on TROT property and enter/exit cautiously.
3. No family pets permitted on the grounds (assistance animals may be allowed with prior approval).
4. Class observers must remain in designated areas. Please do not wander around the property or go to the barn area without a member of the TROT staff.
5. No unattended children. A responsible adult must remain with children at all times. No noisy or boisterous play, which could startle the horses, no climbing on barrels, ramps, fencing, or any other equipment or riding apparatus, and please no playing on the sensory course.
6. Smoking or consumption of alcoholic beverages is not permitted anywhere on TROT property.

UPDATED MEDICAL INFORMATION & CHANGE OF ADDRESS or PHONE

It is your responsibility to notify the TROT instructor or therapist of changes in medical status; i.e. new doctor, new medication, etc. Current and accurate medical records are important in order to provide the best possible therapeutic program. Participant applications must be updated yearly. Please notify the TROT office immediately if your address or phone number changes.